

JOB SATISFACTION SURVEY

	YES	NO
1. I look forward to going to work on Monday morning.	<input type="checkbox"/>	<input type="checkbox"/>
2. I feel positive and up most of the time I am working.	<input type="checkbox"/>	<input type="checkbox"/>
3. I have energy at the end of each work day to attend to the people I care about.	<input type="checkbox"/>	<input type="checkbox"/>
4. I have energy at the end of each work day to engage in personal interests.	<input type="checkbox"/>	<input type="checkbox"/>
5. I have the time and energy in my life to read books that interest me.	<input type="checkbox"/>	<input type="checkbox"/>
6. Most interactions at work are positive.	<input type="checkbox"/>	<input type="checkbox"/>
7. I have good friends at work.	<input type="checkbox"/>	<input type="checkbox"/>
8. I feel valued and affirmed at work.	<input type="checkbox"/>	<input type="checkbox"/>
9. I feel recognized and appreciated at work.	<input type="checkbox"/>	<input type="checkbox"/>
10. Work is a real plus in my life.	<input type="checkbox"/>	<input type="checkbox"/>
11. I'm engaged in meaningful work.	<input type="checkbox"/>	<input type="checkbox"/>
12. I feel free to be who I am at work.	<input type="checkbox"/>	<input type="checkbox"/>
13. I feel free to do things the way I like at work.	<input type="checkbox"/>	<input type="checkbox"/>
14. My values fit with the organizational values.	<input type="checkbox"/>	<input type="checkbox"/>
15. I am aligned with the organizational mission.	<input type="checkbox"/>	<input type="checkbox"/>
16. I trust our leadership team.	<input type="checkbox"/>	<input type="checkbox"/>
17. I respect the work of my peers.	<input type="checkbox"/>	<input type="checkbox"/>
18. I have opportunities to learn what I want to learn.	<input type="checkbox"/>	<input type="checkbox"/>
19. I feel involved in decisions that affect our organizational community.	<input type="checkbox"/>	<input type="checkbox"/>
20. Creativity and innovation are supported.	<input type="checkbox"/>	<input type="checkbox"/>
21. I feel informed about what's going on.	<input type="checkbox"/>	<input type="checkbox"/>
22. I know what is expected of me at work.	<input type="checkbox"/>	<input type="checkbox"/>
23. I have the materials and equipment that I need in order to do my work right.	<input type="checkbox"/>	<input type="checkbox"/>
24. I have the opportunity to do what I do best every day at work.	<input type="checkbox"/>	<input type="checkbox"/>
25. My manager cares about me as a person.	<input type="checkbox"/>	<input type="checkbox"/>
26. I know someone at work who encourages my development.	<input type="checkbox"/>	<input type="checkbox"/>
27. My opinions count.	<input type="checkbox"/>	<input type="checkbox"/>
28. My coworkers are committed to doing quality work.	<input type="checkbox"/>	<input type="checkbox"/>
29. My manager reviews my progress.	<input type="checkbox"/>	<input type="checkbox"/>
30. I am fairly compensated.	<input type="checkbox"/>	<input type="checkbox"/>

Give yourself two points for each statement you answered positively. Use the following scale to evaluate your job.

50-60 points: Great Job	40-49 points: Good Job	30-39 points: OK Job	20-29 points: Bad Job	1-19 points: Depressing Job
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